

The Image & Etiquette Institute of N.J.®

1275 15th Street, Suite 8C, Fort Lee, N.J. 07024

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Polish Plus for Teens

**This is a 6-hour training which includes a Dining Tutorial Lunch
Each Session is two hours**

Session 1 Social Etiquette

**Topics include: Introducing Yourself & Others,
Proper Eye Contact & Hand Shakes
Understanding Body Language
Respect for Boundaries**

Session 2 Table Etiquette & Dining Skills

**Topics include: Understanding Place Settings
Napkin Etiquette
How to Pass Food & Be Served
American & Continental Styles of Dining
Proper Hygiene & Posture at the Table
Making Conversations
Making Toasts**

Session 3 Dining Tutorial Luncheon

At an upscale Restaurant

Tuition: \$850.

**Includes Workbook and cost for Lunch
10% discount given to family sending
more than one child.**