

The Image & Etiquette Institute
1275 15th Street, Suite 8C, Fort Lee, N.J. Tel. 201-886-2513
Roslyn Rolan, CIP, Owner/Trainer New Jersey's Top Image Coach!

Beauty Pageant Training

Objective:

This program has been designed to help the Contestant develop a polished presence, and manner, in order to present a winning Pageant image. The consistency of weekly coaching sessions helps to develop greater confidence and poise, improve posture and walking, and to enhance the Contestant's social and dining skills, guaranteed to outclass the competition with genuine graciousness. To learn new habits and break old ones is a process. That is why I recommend a minimum of 20 weeks training. The full program is 40 weeks, which includes shopping for your outfits, and coaching at the Pageant.

Performance Coaching:

Topics include:

Personal Color Analysis, Body Profile, Posture, Poise, Runway Walking, Sitting, Makeup Application & Skin Care, Nail Care, Wardrobe Planning, Body Language, Public Speaking and Interview Techniques, Social and Dining Skills. Optional Services: Escorting student to Hair Stylist, and sessions with Makeup Artist or Manicurist.

Two Training Programs:

Pageant Coaching 103 -	20 Hours- Two Months
	Weekly- 2 hour sessions and on Saturdays
Tuition:	\$1,990. (includes large 3-Ring Binder, Color Swatch Wallet, & Tutorial Luncheon at upscale Restaurant)

Pageant Coaching 104 -	40 Hours – Four Months
Tuition:	\$3,900. (includes all above, plus Shopping, Hair Stylist & Makeup Artist, and Full Coaching at the Pageant.)

Payment Terms: Each Program requires a \$250. Registration Fee. Payment Plan is available which can be spread throughout the training, after \$1,000. initial payment **Call for Client Referrals.**